

TEAMS

North Birmingham

Team Manager:
Kate Hopkins

CAMHS

10 The Gardens
Fentham Road
Erdington
Birmingham B23 6AG
Telephone: 0121-464 6592

Heart of Birmingham

Team Manager:
Steve Moxley

CAMHS

Hunters Road Centre
Carnegie, Hunters Road
Hockley
Birmingham B19 1DR
Telephone: 0121-465 3863

South Birmingham

Team Manager:
Steve Mennear

CAMHS

Martineau Education Centre
74 Balden Road
Harborne
Birmingham B32 2EH
Telephone: 0121-303 7884

East Birmingham

Team Manager:
Liz Williams

CAMHS

8a The Gardens
Fentham Road
Erdington
Birmingham B23 6AG
Telephone: 0121-464 6592

Head of Service – David Lake: 0121-303 7884

বাংলা • 中文 • ગુજરાતી • ਪੰਜਾਬੀ • العربية • 0121-464 3123

This information is available in large print, braille,
audio-tape and community languages on request.

Please contact 0121-464 3123.

Additional copies of this leaflet can be obtained from:

CAMHS Single Referral Point, 10 The Gardens,
Fentham Road, Erdington, Birmingham B23 6AG

• Tel: 0121-464 6591 •

www.birmingham.gov.uk/socialcare

Designed by the Publications Unit, tel: 464 2738

Child and Adolescent Mental Health Service

Information for Parents/Carers



CAMHS
Social Care and Health
Martineau Centre
74 Balden Road
Harborne
Birmingham B32 2EH
Telephone: 0121-303 7884

Who are we?

Birmingham's city-wide Child and Adolescent Mental Health Service (CAMHS) provides a service for children in need and children looked after, with their families and carers. It is staffed by Social Workers, Psychologists, Child Psychotherapists and Clinical Nurse Specialists.

What problems can we help with?

- Emotional difficulties: e.g. anxiety, depression, anger, mood swings, low self-esteem.
- Behavioural difficulties: e.g. violence, destructiveness, self-harm, over activity, sexualised behaviours, obsessive behaviours.
- Relationship difficulties: e.g. problems in the family, with peers, in school or the community, problems with attachment and loss.
- Developmental difficulties: e.g. bedwetting, soiling, problems with eating/sleeping, problems with communication.

What services do we offer?

- Consultation service for you, your children, and those working with you, about concerns.
- Therapy, including individual counselling, family therapy, group work, play therapy.
- Support with your child-care planning needs.
- Links with, and information on specialist support from locality Child Psychiatry Teams and Education Support Services.
- Training for other professionals, e.g. foster carers and residential carers.

How can I or my child contact the service?

We are not able to accept direct contact from you, but the following people can contact us on your behalf, if they have your agreement:

- Area Child and Family Team Social Workers.
- Fostering and Adoption Teams.
- Education SEN Support Service.
- School – Head Teachers, SENCO, Year Heads.
- Community Paediatricians.



Emergency referrals for children with severe mental illness should be made directly to the Health services through your doctor.

What happens next?

If you or your child is accepted, your names will be allocated to one of our four Area Teams (North Birmingham, Heart of Birmingham, South Birmingham, East Birmingham). If you haven't heard from us, and you or your child's condition gets worse, please contact the team manager who wrote to you (telephone numbers on reverse of leaflet) or the person who referred your child to our service.