

## How do you make referrals?

- Contact the **Single Referral Point** on **0121-464 6591** to obtain a referral form.
- Please ensure that you complete the form accurately and fully, as we cannot proceed until we have all the information we need.
- If the child(ren) meet our criteria, they will be accepted, and you will be told of this. Case files will be sent to one of our teams.
- If the child(ren) do not meet our criteria, they will not be accepted to the service, and you will be told of this.

## Teams

<b>North:</b>	Team Manager	–	Kate Hopkins	<b>0121-464 6592</b>
<b>HoB:</b>	Team Manager	–	Steve Moxley	<b>0121-465 3863</b>
<b>South:</b>	Team Manager	–	Steve Mennear	<b>0121-303 7884</b>
<b>East:</b>	Team Manager	–	Liz Williams	<b>0121-464 6592</b>
<b>Head of Service</b>		–	David Lake	<b>0121-303 7884</b>

অনুরোধ সাপেক্ষে বাংলা ভাষায়ও পাওয়া যায়, যোগাযোগ করুন **0121-464 3123**

需要中文版本的請聯絡 **0121-464 3123**

પુછાવવાથી ગુજરાતીમાં પણ આ માળી શકશે. સંપર્ક માટેનો નંબર **0121-464 3123**

ਬੇਨਤੀ ਕਰਨ 'ਤੇ ਇਹ ਪੰਜਾਬੀ ਵਿਚ ਵੀ ਮਿਲ ਸਕਦੀ ਹੈ ਫ਼ੋਨ ਨੰਬਰ **0121-464 3123** 'ਤੇ ਸੰਪਰਕ ਕਰੋ।

اردو زبان میں بھی طلب کرنے پر دستیاب ہیں۔ رابطہ کے لئے **0121-464 3123** پر رجوع کریں۔

**This information is available in large print, braille, audio-tape and community languages on request.**

**Please contact 0121-464 3123.**

Additional copies of this leaflet can be obtained from:

**CAMHS Single Referral Point, 10 The Gardens,  
Fentham Road, Erdington, Birmingham B23 6AG**

• Tel: **0121-464 6591** •

[www.birmingham.gov.uk/socialcare](http://www.birmingham.gov.uk/socialcare)

Designed by the Publications Unit, tel: 464 2738

# Child and Adolescent Mental Health Service

## Information for Referrers



**CAMHS**  
**Social Care and Health**  
**Martineau Centre**  
**74 Balden Road**  
**Harborne**  
**Birmingham B32 2EH**  
**Telephone: 0121-303 7884**

## Who are we?

Birmingham's city-wide Child and Adolescent Mental Health Service (CAMHS) provides a service for children in need and children looked after, with their families and carers. We are staffed by Social Workers, Psychologists, Child Psychotherapists and Clinical Nurse Specialists who provide a combined consultation, assessment and therapy service. Access to us is via the **Single Referral Point** on **0121-464 6591**.

## What are the referral criteria?

Young people may be referred to us if the following apply:

- They have social, emotional, behavioural or psychological difficulties, which have not been resolved by primary interventions.
- They are not currently involved with a similar service.
- They are in need, looked after, or there have been child protection concerns.
- They are aged 18 or under.

## What problems can we help with?

- Emotional difficulties: e.g. anxiety, depression, anger, mood swings, low self-esteem.
- Behavioural difficulties: e.g. violence, destructiveness, self-harm, over activity, sexualised behaviours, obsessive behaviours.
- School problems: exclusion, non-attendance, under achievement.
- Relationship difficulties: e.g. problems in the family, with peers, in school or the community, problems with attachment and loss.
- Developmental difficulties: e.g. bedwetting, soiling, problems eating/sleeping, communicating.

## What services do we offer?

- Consultation to Professional networks, children, adults and key workers about concerns.
- Specialist assessment, both comprehensive and multidisciplinary.
- Therapy, including individual counselling, family therapy, group work, play therapy.
- Co-working with key workers (field or residential).
- Contribution to child-care planning.
- Links with, and information on, specialist support from locality Child Psychiatry Teams and Education SEN Support Services.
- Mental health assessments under the Mental Health Act 1983.
- Training for other professionals, e.g. foster carers and residential carers.

## Who can make referrals?

Permission for all referrals, must be given by the person(s), holding parental responsibility.

We accept referrals from:

- Area Child and Family Team Social Workers.
- Fostering and Adoption Teams.
- Residential Care Teams.
- Community Paediatricians.
- Education SEN Support Services.
- School – Head Teachers, SENCO, Year Heads.

## What about emergency referrals?

Emergency referrals for children with severe mental illness should be made directly to the Health Services. If you are in doubt, the Senior Practitioner at the Single Referral Point can provide information and advice.